

ANDES MOUNTAIN EXPEDICIONES

EL PLOMO , CENTRAL ANDES ALPINE CLIMB, CHILE



SEASON 2013-2014	
TRIP	EL PLOMO
1	November 9 - 13 (2013)
2	December 7 - 11 (2013)
3	December 26 - 30 (2013)
4	January 5 - 9 (2014)
5	February 4 - 8 (2014)
6	March 1 - 5 (2014)



El Plomo Inca Mummy

Located near Santiago, El Plomo is the biggest mountain that you can appreciate from Santiago, capital of Chile. It`s a high altitude trip, easy and not technical by the Normal Route. We use mules for carry personal equipment, tents and food until our last camp, so we do not need to carry heavy packs.

Crampons are necessary in our last climb section, above 5.000m. for glacier crossing before arrive at the summit. It`s easy ice mild slope before arrive at the summit.

This mountain is useful for acclimatization before climb a Ojos del Salado or Aconcagua.

Near the summit we will appreciate the place where a Inca mummy was found. The **Plomo Mummy (La Momia del Cerro El Plomo** in Spanish) is the well preserved remains of an Incan child found on Cerro El Plomo in 1954, It was the first frozen mummy discovery of high-altitude human sacrifice by the Incas.

The mummy is curated by the [National Museum of Natural History](http://www.museo.naturalhistoria.cl) in Santiago, Chile and it has a replica of the mummy on public display.

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PROGRAM

Day 1: Arrival at Santiago.

Pick up at the airport and transfer at the hotel in Santiago. Meeting with our guide to discuss the program and review of personal mountain equipment.



Day 2: Santiago - Valle Nevado – Trek to Piedra Numerada.

Our objective is to reach the imposing summit of El Plomo (17,815 ft. - 5,430 mts.). From our hotel, ground transfer to Valle Nevado ski resort, 1,5 hours. Here we find our Mules that will carry our equipment to Piedra Numerada, place of our first camp (3,300m.). Set up camp. Dinner.



Day 3: BASE CAMP.

Breakfast. Ascent towards our base camp 13,124 ft. (4.000m), located at the end of Cepo valley. From here we climb through normal, located at right side of the mountain, (no technical steps required). Set up camp. Dinner.



Day 4: Summit day.

If weather is ok, we wake up at 3:00am. Breakfast at 3:30am to be ready at 4:00am to leave the camp toward the summit. Hike by the normal route (6 hours). After reach the top of El Plomo and observing imposing **summits** like Aconcagua, Juncal, Tupungato, etc. Descend via same route at our base camp. Dinner.



Day 5: Santiago.

Walk down to Valle Nevado. Our mules will take down all of our mountaineering gear. Ground transfer to Santiago, Hotel.

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Service includes:

- Mountain Guides
- Two hotel nights in Santiago, double room with breakfast
- Private ground transport
- Mules for common gear
- Mules for personal mountaineering equipment (15 kg)
- Mountain tents
- Base camp dinner tent with tables and chairs
- Kitchen equipment
- First aid kit
- Radio communication and satellite phone
- Meals while we are in the mountain (breakfast, dinner and box lunch)

Service does not include:

- All personal climbing equipment
- Accident and rescue insurance
- Cash for extra expenses
- Extra meals in cities
- Sleeping bag and mattress



CENTRAL ANDES MOUNTAIN EQUIPMENT LIST

Upper body:

- 2 T-shirt's long sleeve polypropylene
- 1 T-shirt's polypropylene short sleeve
- 1 expedition weight polypropylene or capilene shirt
- 1 jacket of pounds or fleece
- 1 breathable jacket such as Gore-Tex with hood
- 1 jacket of pile
- Down or Polarguard parka with hood

Head

- Sun cap
- Ski hat fleece or wool
- Balaclava

Hands

- 1 pair of gloves thin polypropylene
- 1 pair of gloves heavy polypropylene
- 1 pair of gloves doubles (neoprene or fleece internal layer /Gore-Tex shell)

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Lower body:

- 2 lightweight polypropylene underpants
- 1 fleece pants with full length side zippers
- 1 breathable windproof pants or bibs such as Gore-Tex (full length side zippers recommended)
- 1 pair of shorts
- 1 lightweight cotton pants (day of trekking approach)

Feet

- 3 pair of sock (polypropylene)
- Trekking boots or lightweight trekking shoes
- Plastic double mountaineering boots or Leather/synthetic layer
- Gaitors

Technical Equipment:

- Adjustable trekking poles
- Ice axe (walking Ice axe 70 to 90 cm. aprx.)
- Crampons (desirable flexible and automatic)
- Day pack for approach
- Backpack (50-60)
- Sleeping bag (at least for -20°C)
- Long cushion insulator (inflatable pad or foam pad)

Personals

- 2 pair of sun glasses (one as a spare)
- Sun screen lotion protector
- Sun screen lip protector
- Skin moisturized
- Bottle of water of at least 900 cc with thermal cover (insulator)
- Frontal lamp (more pound)
- Duffle bag for carry your things on Mules



Prices:

- Booking from 1 to 2 persons USD\$ 1,700 per person.
- Booking for 3 persons USD\$ 1,600 per person.
- Booking 4+ persons USD\$ 1,550 per person.