

SAN JOSE VOLCANO (5.740m.) & MARMOLEJO (6.100m.)



Trip.

Length: 14 days

San Jose volcano and Marmolejo are located into Maipo valley near Santiago Chile. Our expedition begins in Santiago airport where our guides await you at the airport. After accommodate in our hotel, we will check your personal mountaineering equipment according to our equipment list (see below). This is a very important step in the expedition, sometimes we discover some clothes not warm enough for this mountain, do not sub estimate cold temperatures in this mountain. In that case we can suggest some alternatives and also stores where you can buy or rent extra equipment.

Also, we will discuss the philosophy and style of the expedition, prescription medications at altitude, the effects of Diamox (Acetazolamida), sanitation, water treatment, teamwork, techniques and advises to climbing a high mountain.

At day two of our program we will transfer through Maipo Valley, a 2 hours ride from our Hotel.



SAN JOSE VOLCANO

Our meals are varied and well chosen. Fresh and delicious food is always available in our trips. Vegetables, fruit, meet, chicken and even fish are among our menu, as well as pastas, rice, potatoes rich in carbohydrates. Wine, coke, beer, biscuits, cheese, crackers and everything we

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need to make our trip pleasant. In high camps we use intensive amount of calories per day, carbohydrates, weight, taste, variety and creativity.

Approach to Base camps.

San Jose BC: One day to arrive at Base camp. Horses will help us to carry our load. Common equipment such as tents, stoves, pots, food will be transferred by horses.

Bring your personal duffel bag to put in your equipment such as crampons, ice axe, mountaineering boots, technical clothes, etc, and one horse (mules) will carry it to base camp, Mules does not go higher than base camp, from here we need to carry our gear (common equipment, personal equipment and food) to next camps using up and down system. Porters are available if you do not want to carry a big pack to high camps.

Marmolejo: After climb San Jose Volcano horses will arrive at our base camp and carry load from San Jose BC until Marmolejo BC. After climb Marmolejo, we will use same system with mules to carry down common and personal equipment.

We use Nonin Pulse oxymeters for high mountaineering expeditions. Every expedition has one of these instruments to measure the saturation of oxygen of each client allowing for daily control and safety in the route to the summit.

Porters.

This service are available, (NOT INCLUDED IN ORIGINAL BUDGET), you need to let us know if you wish a porter and we will have it all arranged for you. Porters help to carry load from base camps to high camps.

Porters cost \$ 120 per day. You will need a maximum of 5 to 6 load days along this expedition.



PROGRAM

Day 1: Arrival to Santiago.

Pick up the group at Santiago airport. Private transfer to our Hotel in Santiago. Equipment check.

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Day 2: Base camp.

From Santiago by the way that leads into Cajón del Maipo valley. After two hours of trip, we will arrive at base of San Jose Volcano. From here we will initiate our approach to Plantat shelter located at 3.100m of altitude. Camp.

Day 3: Camp 1.

Breakfast at morning. Move to Camp 1 at 4.200 alti-meters, reached after 5 hours hiking from Plantat refuge. This path goes several times over hard snow, crampons will be necessary. Rest and dinner

Day 4: Camp 2.

Breakfast at morning. Move to Camp 2 at 5.200 alti-meters.

Day 5: Volcano San Jose summit. (5.740m)

From Camp 2 we traverse to south direction to the crater. Summit is possible to reach after 5 hour hike. From here great view of Andes Mountains range. Back to C2, pick up tents and continue to Base camp.

Day 6: Rest day.

Day 7: Move to Marmolejo Base camp.

SJ. Base Camp – Marmolejo Base camp at 11.500 ft. (3,500 m).

From Base camp we arrive at Marmolejo BC. Set up tents and dinner.

Day 8: BC to Paso Pulgar (C1) 14,180ft. (4.320m).

Breakfast. Over hard snow we hike until camp 1. Set up tents and dinner.

Day 9: Camp 1 – High camp 16.000ft. (4.900m.)

Breakfast. Move from Camp 1 to our high altitude camp. Set up tents and dinner.

Day 10: Marmolejo summit.

Breakfast. We start before sunshine towards our summit that should be reached after 6 hours hike. Back to camp 1. Dinner.

Day 11: Extra day.

Day 12: Camp 1 - Base camp.

Down hill to Base camp. Dinner at base camp tent.

Day 13: Santiago.

From Marmolejo Base camp we walk out through Marmolejo valley until our car. Mules will carry all common gear and our heavy equipment. Drive to Santiago. Hotel. Dinner not included.

Day 14: Drive to Santiago airport.

Pick up at your hotel and drive to Santiago international airport.

Service includes:

- Mountain Guides
- Two Hotel nights in Santiago, based in double room with breakfast (dinner not included). Extra fee for single room USD\$ 90 per night
- Private ground transport
- Mules for common equipment until base camp and return
- Mules for personal mountaineering equipment until base camp and return
- Mountain tents
- Base camp dinner tent with tables and chairs
- Medicine kit
- Radio communication
- Meals while we are in the mountain (Breakfast, dinner and box lunch)
- Satellite phone (fee for clients use USD\$ 6 per minute)
- Pulse oximeter

Service does not include:

- All personal climbing equipment
- Accident and rescue insurance
- Cash for extra expenses

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- Extra meals in cities
- Sleeping bag and mattress



Climbing personal Equipment

Upper body:

- 2 T-shirt's long sleeve polypropylene
- 2 T-shirt's cotton or polypropylene short sleeve
- 1 expedition weight polypropylene or capilene shirt
- 1 jacket of pounds or fleece
- 1 breathable jacket such as Goretex with hood
- 1 jacket of pile
- Down or Polarguard parka with hood

Head

- sun cap
- Ski hat fleece or wool
- balaclava

Hands

- 1 pair of gloves thin polypropylene
- 1 pair of gloves heavy polypropylene
- 1 pair of gloves doubles (neoprene or fleece internal layer /Goretex shell)

Lower body:

- 2 lightweight polypropylene underpants
- 1 fleece pants with full length side zippers
- 1 breathable windproof pants or bibs such as Goretex (full length side zippers recommended)
- 1 pair of shorts
- 1 lightweight cotton pants (day of trekking approach)

Feet

- 3 pair of sock (1 cotton and 2 cotton polypropylene)

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- trekking boots or lightweight trekking shoes
- plastic double mountaineering boots
- Gaitors

Technical Equipment:

- adjustable trekking poles
- Ice axe (walking ice axe 50 to 70 cm long)
- crampons (desirable flexible and automatic)
- Day pack for approach
- backpack (90 liter or more)
- Sleeping bag (at least for -20°C)
- long cushion insulator (inflatable pad or foam pad)

Personals

- 2 pair of sun glasses (one as a spare)
- sun screen lotion protector
- sun screen lip protector
- Skin moisturized
- paper hygienic
- plate of food
- fork, knife, spoon
- bottle of water of at least 900 cc with thermal cover (insulator)
- frontal lamp (more pound)
- Duffel bag with lock